

# garden cafe

## Beverages

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, herbal)	¥250
Hot Chocolate	¥250
Milk (whole or low-fat)	¥250
Chocolate Milk	¥300
Perrier Water	¥550
Beer	¥550
Wine	¥550
Orange Juice (freshly squeezed)	¥800

	regular	large
Coca Cola, Diet Coke	¥200	¥250
Sprite	¥200	¥250
Lemonade	¥200	¥250
Aquarius	¥200	¥250
Root Beer	¥200	¥250
Dr. Pepper	¥200	¥250
Fanta Orange	¥200	¥250
Juices	¥250	¥350
(tomato, orange, grapefruit or apple)		
Milk Shakes	¥400	¥500
(chocolate, vanilla, strawberry, malted or mint)		

✓ New Menu Items

## Desserts

Cholesterol Free	
Chocolate Chip Cookie ✓	¥150
Mexican Nut Cookie -- light & crispy	¥150
Ice Cream	¥300
Apple Pie	¥400
Red Currant Jelly Pie ✓	¥400
Hot Fudge Sundae	¥400
Hot Raspberry Sundae ✓	¥400
Deluxe Banana Split ✓	¥950

Please also see our daily cake and pie selection in the glass display case.

## Casino Night

Tickets are now on sale for the Women's Group most spectacular event and largest fundraiser of the year, Casino Night 1995 - "Viva Las Vegas."

On Saturday, March 4, come to the TAC "Casino", where this year, due to popular demand, gaming and dancing hours have been extended.

Doors open at 5:30 p.m., gaming (blackjack, poker, roulette, and craps) is from 6:00 to 10:45 p.m., and dancing will go on to 1:00 a.m. And don't forget the prizes, prizes and more prizes!!! You could even drive away in a Rover 600 Sedan! Event price per person is ¥9,500 with the sumptuous buffet dinner, or ¥6,000 without dinner. Dinner seatings are every half hour from 5:30 to 9:30 p.m. and reservations can be made when you purchase your ticket at the front desk.

See you in Las Vegas!



## Entrees

Spaghetti	with Tomato Sauce	¥600
	with Meat Balls	¥850
Clam Chowder Spaghetti		¥750
Chinese Style Fried Rice		¥800
Yakisoba		¥900
Chili con Carne		¥1,000
Deep Fried Chicken		¥1,000
Lamb Curry with Toasted Almonds ✓		¥1,400
Chicken Burrito		
	with Red Chile Sauce ✓	¥1,200
Fish of the Day		market
Boboli Crust Cheese Pizza, 6"		¥600
Pizza Toppings:	each	¥200

Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.

## Sandwiches

Hot Dog	¥500
Cheese Dog	¥600
Hamburger	¥600
Cheeseburger	¥700
Bacon Cheeseburger	¥800
Salami and Cheddar ✓	¥800
Roast Beef ✓	¥900
Tuna Salad	¥650
Grilled Ham and Cheese	¥700
Bacon, Lettuce, and Tomato	¥800
Club House	¥900
Grilled Turkey, Tomato	
and Guacamole ✓	¥850
Reuben	¥1,100

All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.

## Soups & Salads

Soup of the Day (Ask your server)	¥500
Cream of Corn Soup	¥500
Curried Cream of Tomato Soup ✓	¥600
New England Clam Chowder	¥550
Spaghetti and Salami Salad ✓	¥800
Tossed Garden Salad	small ¥450 large ¥900
Spinach Salad	¥650
Warm Eggplant, Tomato and Cheese Salad ✓	¥1,100
Tuna Salad	¥800
Caesar Salad	¥900
Spinach Salad Deluxe	¥1,000
Marinated Chicken Caesar Salad	¥1,200
Chef's Salad	¥1,250
Dressings: Thousand Island, Blue Cheese, French, Italian, Low-Cal Yoghurt	

## Health Picks

Power Punch -- 125 cal.	¥300
Plain Yoghurt -- 144 cal.	¥300
Yoghurt with Fruit -- 198 cal. (variable)	¥600
Hot Chicken Sandwich -- 382 cal.	¥700
Tofu and Vegetable Pita Sandwich - 317 cal. ✓	¥750
Swordfish with White Wine Sauce - 404 cal. ✓	¥1,300
Mexican Style Spaghetti	
with Shredded Chicken - 441 cal. ✓	¥900
Cajun Spiced Seafood Saute - 413 cal.	¥1,400
Steak Chinese Style - 442 cal. ✓	¥1,400
Fresh Strawberries - 70 cal. ✓	¥500
Fresh Fruit in Season	seasonal

## Breakfast

Eggs	one ¥450	two ¥550
Prepared any style and served with hash browns; your choice of bakery.		
French Toast		¥400
Continental Breakfast		¥600
Your choice of juice; choice of bakery; coffee, tea, milk or hot chocolate.		
American Breakfast		¥1,000
Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; your choice of bakery; coffee, tea, milk or hot chocolate.		

## Side Dishes

Doughnut	¥100
Danish Pastry	¥150
Croissant, Toast or English Muffin	¥150
Toasted Bagel	¥250
with Cream Cheese	¥400
with Cream Cheese and Lox	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Spanish Rice ✓	¥350
Onion Rings	¥300
Orange and Onion Style Carrots ✓	¥350
Cole Slaw ✓	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
With Bacon and Sour Cream	¥600
Hash Brown Potatoes	¥250
Ham, Bacon, or Sausage	¥350
Sliced Tomatoes	¥300

Tokyo American Club, February 20, 1995



# Garden Cafe

## Beverages

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, herbal)	¥250
Hot Chocolate	¥250
Milk (whole or low-fat)	¥250
Chocolate Milk	¥300
Orange Juice (freshly squeezed)	¥800
Perrier Water	¥550
Beer	¥550
Wine	¥550

	regular	large
Coca Cola, Diet Coke	¥200	¥250
Sprite	¥200	¥250
Lemonade	¥200	¥250
Aquarius	¥200	¥250
Root Beer	¥200	¥250
Dr. Pepper	¥200	¥250
Fanta Orange	¥200	¥250
Milk Shakes	¥400	¥500
Juices	¥250	¥350

(tomato, orange, grapefruit or apple)

## Desserts

Mexican Nut Cookie -- light & crispy	¥150
Pecan Supreme Cookie	¥150
Apple Pie	¥400
Ice Cream	¥300
Hot Fudge Sundae	¥400
Banana Split	¥650

Please also see our daily cake and pie selection in the glass display case.

## Sandwiches

Hot Dog	¥500
Cheese Dog	¥600
Hamburger	¥600
Cheeseburger	¥700
Tuna Salad	¥650
Grilled Bacon and Cheese	¥700
Grilled Ham and Cheese	¥700
Bacon, Lettuce and Tomato	¥800
Bacon Cheeseburger	¥800
Club House	¥900
Roast Beef Sandwich	¥1,000

All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.

## Mexican Specialties

Tacos	¥800
<i>Beef, chicken or vegetarian, served with refried beans and salsa.</i>	
Enchiladas	¥800
<i>Chicken, beef or cheese with sauce, refried beans and salsa.</i>	
Taco Salad	¥1,200
<i>Seasonal lettuce greens and taco chips, ground spiced beef, onion, beans, tomatoes, cheese, guacamole and sour cream.</i>	

## Entrees

Spaghetti	with Tomato Sauce	¥600
	with Meat Balls	¥850
Yakisoba		¥900
Chicken Curry		¥1,000
Chili con Carne		¥1,000
Deep Fried Chicken		¥1,000
Boboli Crust Cheese Pizza	6	¥600
First vegetable topping free!		
Pizza Toppings:	each	¥200
<i>Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.</i>		

## Soups + Salads

Soup of the Day	¥500
<i>Ask your waiter about today's special selection.</i>	
Gazpacho	¥500
Cream of Corn Soup	¥500
New England Clam Chowder	¥550
Tossed Garden Salad	small ¥450 large ¥900
Spinach Salad	¥650
Spinach Salad Deluxe	¥1,000
Shrimp and Orange Salad	¥800
Tuna Salad	¥1,000
Chef's Salad	¥1,250

### Dressings:

*French, Thousand Island, Blue Cheese, Italian, Low-Cal Yoghurt*

## Breakfast

Eggs	one ¥450 two ¥550
<i>Prepared any style and served with hash browns; your choice of bakery.</i>	
French Toast	¥400
Continental Breakfast	¥600
<i>Your choice of juice; choice of bakery; coffee, tea, milk or hot chocolate.</i>	
American Breakfast	¥1,000
<i>Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; your choice of bakery; coffee, tea, milk or hot chocolate.</i>	

## Health Picks

Power Punch -- 125 calories	¥300
Sliced Chicken Sandwich -- 382 calories	¥700
Portobello Mushroom	
Pita Sandwich -- 383 calories	¥1,300
Swordfish with	
White Wine Sauce -- 402 calories	¥1,200
Shrimp and Tomato Saute -- 441 cal.	¥1,400
Crab Couscous -- 455 calories	¥1,500
Plain Yoghurt -- 144 calories	¥300
Yoghurt with Fruit -- 198 calories (variable)	¥600
Kyoho Grapes -- 90 calories	¥600
Fresh Fruit in Season	seasonal

## Side Dishes

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Toasted Bagel	¥250
with Cream Cheese	¥400
with Cream Cheese and Lox	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Onion Rings	¥300
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
With Bacon and Sour Cream	¥600
Hash Brown Potatoes	¥250
Ham, Bacon, or Sausage	¥350
Sliced Tomatoes	¥300

## New Menu Items







## Halloween at the TAC:

### Teen Dance

6th-7th-8th grades  
Friday October 28  
6:30 - 9:00 p.m. in the TAC Pilotis  
¥500 per person  
Sign up at Recreation Center

### Children's Halloween Party

0 - 9 year olds  
Saturday October 29, Top of the TAC  
¥1,500 - ¥1,750 (age dep.)  
Sign up at Front Desk

### BACK TO THE 50's HALLOWEEN HOP DINNER AND DANCE

Saturday October 29  
6:30 - 11:00 p.m.  
Top of the TAC  
¥7,000 per person  
Sign up at Front Desk

## Entrees

Spaghetti	with Tomato Sauce	¥600
	with Meat Balls	¥850
Yakisoba		¥900
Chicken Curry		¥1,000
Chili con Carne		¥1,000
Deep Fried Chicken		¥1,000
Boboli Crust Cheese Pizza, 6"		¥600
First vegetable topping free!		
Pizza Toppings:	each	¥200
Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese		

## Soups & Salads

Soup of the Day	¥500
Ask your waiter about today's special selection.	
Brandied Pumpkin Soup	¥600
Cream of Corn Soup	¥500
New England Clam Chowder	¥550
Tossed Garden Salad	small ¥450 large ¥900
Spinach Salad	¥650
Spinach Salad Deluxe	¥1,000
Marinated Chicken Caesar Salad	¥1,200
Tuna Salad	¥1,000
Chef's Salad	¥1,250

Dressings:  
French, Thousand Island, Blue Cheese,  
Italian, Low-Cal Yoghurt

## Sandwiches

Hot Dog	¥500
Cheese Dog	¥600
Hamburger	¥600
Cheeseburger	¥700
Tuna Salad	¥650
Reuben Sandwich	¥1,100
Grilled Ham and Cheese	¥700
Bacon, Lettuce and Tomato	¥800
Bacon Cheeseburger	¥800
Club House	¥900
Monte Cristo Sandwich	¥1,100

All sandwiches are served with pickles and  
choice of French fries, chips, or potato salad.

## Health Picks

Power Punch -- 125 calories	¥300
Sliced Chicken Sandwich -- 382 calories	¥700
Middle Eastern	
Pita Sandwich -- 390 calories	¥1,000
AHA Scallops Oriental - 290 calories	¥1,300
Lentil Moussaka -- 413 calories	¥1,200
Chicken Salad Juanita -- 247 calories	¥700
Plain Yoghurt -- 144 calories	¥300
Yoghurt with Fruit -- 198 calories (variable)	¥600
Persimmon -- 118 calories	¥500
Fresh Fruit in Season	seasonal



New Menu Items

## Desserts

Mexican Nut Cookie -- light & crispy	¥150
Pumpkin Spice Cookie	¥150
Apple Pie	¥400
Ice Cream	¥300
Hot Fudge Sundae	¥400
Dirt Cup	¥500

Please also see our daily cake and pie  
selection in the glass display case.

## Breakfast

Eggs	one ¥450 two ¥550
Prepared any style and served with hash browns; your choice of bakery.	
French Toast	¥400
Continental Breakfast	¥600
Your choice of juice; choice of bakery; coffee, tea, milk or hot chocolate.	
American Breakfast	¥1,000
Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; your choice of bakery; coffee, tea, milk or hot chocolate.	

## Side Dishes

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Toasted Bagel	¥250
with Cream Cheese	
with Cream Cheese and Lox	
French Fried Potatoes	¥400
Steamed Rice	¥200
Onion Rings	¥300
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
With Bacon and Sour Cream	
Hash Brown Potatoes	¥600
Ham, Bacon, or Sausage	¥250
Sliced Tomatoes	¥350

## Beverages

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, herbal)	¥250
Hot Chocolate	¥250
Milk (whole or low-fat)	¥250
Chocolate Milk	¥300
Orange Juice (freshly squeezed)	¥800
Perrier Water	¥550
Beer	¥550
Wine	¥550
Coca Cola, Diet Coke	regular ¥200 large ¥250
Sprite	¥200 ¥250
Lemonade	¥200 ¥250
Aquarius	¥200 ¥250
Root Beer	¥200 ¥250
Dr. Pepper	¥200 ¥250
Fanta Orange	¥200 ¥250
Milk Shakes	¥400 ¥500
Juices	¥250 ¥350

(tomato, orange, grapefruit or apple)

# Garden Cafe







## Beverages

Coffee (regular and decaffeinated)	¥250	
Tea (English, Oolong, herbal)	¥250	
Hot Chocolate	¥250	
Milk (whole or low-fat)	¥250	
Chocolate Milk	¥300	
Perrier Water	¥550	
Beer	¥550	
Wine	¥550	
Orange Juice (freshly squeezed)	¥800	
<hr/>		
	<i>regular</i>	<i>large</i>
Coca Cola, Diet Coke	¥200	¥250
Sprite	¥200	¥250
Lemonade	¥200	¥250
Aquarius	¥200	¥250
Root Beer	¥200	¥250
Dr. Pepper	¥200	¥250
Fanta Orange	¥200	¥250
Juices	¥250	¥350
Milk Shakes	¥400	¥500
(tomato, orange, grapefruit or apple)		

## Soups & Salads

Soup of the Day	¥500
<i>Ask your waiter about today's special selection.</i>	
Cream of Corn Soup	¥500
New England Clam Chowder	¥550
Zucchini & Barley Soup ?	¥600
Tossed Garden Salad	<i>small</i> ¥450
	<i>large</i> ¥900
Spinach Salad	¥650
Chicken Salad ?	¥800
Tuna Salad	¥800
Caesar Salad ?	¥900
Spinach Salad Deluxe	¥1,000
Chinese Beef Salad ?	¥1,100
Marinated Chicken Caesar Salad	¥1,200
Chef's Salad	¥1,250
<i>Dressings: Thousand Island, Blue Cheese, French, Italian, Low-Cal Yoghurt</i>	

## Sandwiches

Hot Dog	¥500
Cheese Dog	¥600
Hamburger	¥600
Chicken Salad Sandwich ?	¥650
Bologna & Tomato Sandwich ?	¥650
Tuna Salad	¥650
Cheeseburger	¥700
Grilled Ham and Cheese	¥700
Bacon, Lettuce and Tomato	¥800
Bacon Cheeseburger	¥800
Club House	¥900
Stromboli Sandwich ?	¥900
Reuben Sandwich	¥1,100
<i>All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.</i>	

## Health Picks

Power Punch -- 125 calories	¥300
Mandarin Oranges - 80 calories (variable) ?	¥300
Plain Yoghurt -- 144 calories	¥300
Yoghurt with Fruit -- 198 calories (variable)	¥600
Cold Asian Vegetable Salad - 125 calories ?	¥600
Hot Chicken Sandwich -- 382 calories	¥700
Italian Style Tofu & Eggplant - 398 calories ?	¥900
Chicken and Sprouts - 439 calories ?	¥1,000
Cod Fillets Amandine - 394 calories ?	¥1,200
Liver Chinese-Style - 350 calories ?	¥1,400
Fresh Fruit in Season	seasonal

## Entrees

Spaghetti	<i>with Tomato Sauce</i>	¥600
	<i>with Meat Balls</i>	¥850
Clam Chowder Spaghetti ?		¥750
Chicken Nuggets ?		¥900
Yakisoba		¥900
Chili con Carne		¥1,000
Deep Fried Chicken		¥1,000
Shrimp Curry ?		¥1,200
Fish of the Day ?		market
Boboli Crust Cheese Pizza, 6"		¥600
Pizza Toppings:	<i>each</i>	¥200
<i>Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.</i>		

# Merry Christmas

## Breakfast

## Desserts

## Side Dishes

Eggs	<i>one</i> ¥450 <i>two</i> ¥550
<i>Prepared any style and served with hash browns; your choice of bakery.</i>	
French Toast	¥400
Continental Breakfast	¥600
<i>Your choice of juice; choice of bakery; coffee, tea, milk or hot chocolate.</i>	
American Breakfast	¥1,000
<i>Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; your choice of bakery; coffee, tea, milk or hot chocolate.</i>	

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Toasted Bagel	¥250
<i>with Cream Cheese</i>	¥400
<i>with Cream Cheese and Lox</i>	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Onion Rings	¥300
French-Style Carrots - 35 calories ?	¥350
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
<i>With Bacon and Sour Cream</i>	¥600
Hash Brown Potatoes	¥250
Ham, Bacon, or Sausage	¥350
Sliced Tomatoes	¥300

Mexican Nut Cookie -- light & crispy	¥150
Christmas Cookies (2 pc.) ?	¥150
Ice Cream	¥300
Apple Pie	¥400
Hot Fudge Sundae	¥400
Raspberry Parfait ?	¥450
Deluxe Banana Split ?	¥900
<i>Please also see our daily cake and pie selection in the glass display case.</i>	



Tokyo American Club, December 5, 1994





## Soups & Salads

Soup of the Day	¥500
<i>Ask your server about today's special selection.</i>	
Cream of Corn Soup	¥500
Chicken Noodle Soup ♦	¥500
New England Clam Chowder	¥550
Avocado and Crabmeat Salad ♦	¥1,300
Tossed Garden Salad	<i>small</i> ¥450
	<i>large</i> ¥900
Spinach Salad	¥650
Chicken Salad	¥800
Tuna Salad	¥800
Caesar Salad	¥900
Spinach Salad Deluxe	¥1,000
Marinated Chicken Caesar Salad	¥1,200
Chef's Salad	¥1,250
<i>Dressings: Thousand Island, Blue Cheese, French, Italian, Low-Cal Yoghurt</i>	

## Desserts

Sweetie Pies' Chocolate Cookie ♦	¥150
Mexican Nut Cookie -- light & crispy	¥150
Ice Cream	¥300
Apple Pie	¥400
Fudge Pie ♦	¥400
Hot Fudge Sundae	¥400
Banana Split ♦	¥650

*Please also see our daily cake and pie selection in the glass display case.*



## Beverages

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, herbal)	¥250
Hot Chocolate	¥250
Milk (whole or low-fat)	¥250
Chocolate Milk	¥300
Perrier Water	¥550
Beer	¥550
Wine	¥550
Orange Juice (freshly squeezed)	¥800

	<i>regular</i>	<i>large</i>
Coca Cola, Diet Coke	¥200	¥250
Sprite	¥200	¥250
Lemonade	¥200	¥250
Aquarius	¥200	¥250
Root Beer	¥200	¥250
Dr. Pepper	¥200	¥250
Fanta Orange	¥200	¥250
Juices	¥250	¥350
<i>(tomato, orange, grapefruit or apple)</i>		
Milk Shakes	¥400	¥500
<i>(chocolate, vanilla, strawberry or mint)</i>		



## Sandwiches

Hot Dog	¥500
Cheese Dog	¥600
Hamburger	¥600
Cheeseburger	¥700
Bacon Cheeseburger	¥800
Chicken Salad Sandwich	¥650
Tuna Muffin Sandwich ♦	¥650
Japanese Pork & Vegetable Pita ♦	¥750
Tuna Salad	¥650
Grilled Ham and Cheese	¥700
Bacon, Lettuce and Tomato	¥800
Club House	¥900
Bratwurst and Sauerkraut Sandwich ♦	¥900
Reuben Sandwich	¥1,100

*All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.*

## Breakfast

Eggs	<i>one</i> ¥450	<i>two</i> ¥550
<i>Prepared any style and served with hash browns; your choice of bakery.</i>		
French Toast		¥400
Continental Breakfast		¥600
<i>Your choice of juice; choice of bakery; coffee, tea, milk or hot chocolate.</i>		
American Breakfast		¥1,000
<i>Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; your choice of bakery; coffee, tea, milk or hot chocolate.</i>		

## Health Picks

Power Punch -- 125 calories	¥300
Mandarin Oranges - 80 calories (variable)	¥300
Plain Yoghurt -- 144 calories	¥300
Yoghurt with Fruit -- 198 calories (variable)	¥600
Hot Chicken Sandwich -- 382 calories	¥700
Tofu Stir Fry - 267 calories ♦	¥900
Pasta and Vegetable Salad - 188 calories ♦	¥900
Poached Salmon Northland - 396 calories ♦	¥1,400
Shrimp and Tomato Saute - 512 calories ♦	¥1,400
Chinese Style Fried Rice - 414 calories ♦	¥800
Fresh Fruit in Season	seasonal



## Entrees

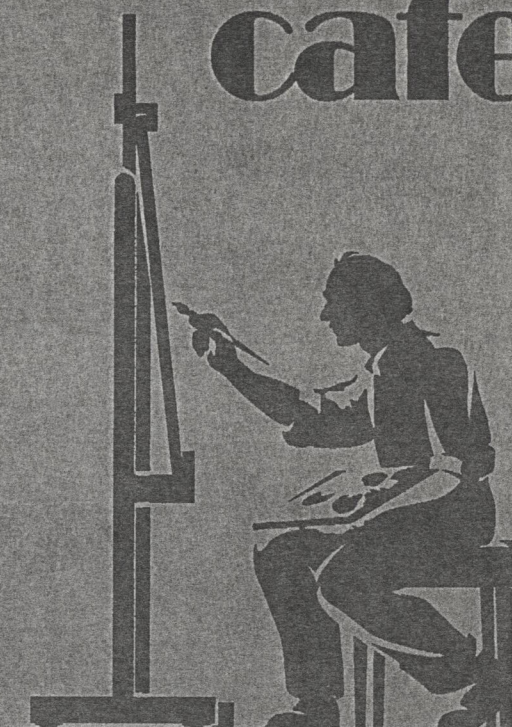
Spaghetti	<i>with Tomato Sauce</i>	¥600
	<i>with Meat Balls</i>	¥850
Clam Chowder Spaghetti		¥750
Chicken Nuggets		¥900
Yakisoba		¥900
Chili con Carne		¥1,000
Deep Fried Chicken		¥1,000
Chicken Curry Amandine ♦		¥1,200
Chicken Supremes		
	<i>with Shallot Sauce</i> ♦	¥1,000
Fish of the Day		market
Boboli Crust Cheese Pizza, 6"		¥600
Pizza Toppings:	<i>each</i>	¥200
<i>Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.</i>		

# the

Happy New Year!

# garden cafe

Tokyo American Club, January 9, 1995



## Side Dishes

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Toasted Bagel	¥250
<i>with Cream Cheese</i>	¥400
<i>with Cream Cheese and Lox</i>	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Onion Rings	¥300
French-Style Carrots - <i>35 calories</i>	¥350
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
<i>With Bacon and Sour Cream</i>	¥600
Hash Brown Potatoes	¥250
Ham, Bacon, or Sausage	¥350
Sliced Tomatoes	¥300

♦ New Menu Items





# THE GARDEN CAFE

Tokyo American Club,  
January 24, 1994

## Beverages

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, herbal)	¥250
Hot Chocolate	¥250
Milk (whole or low-fat)	¥250
Chocolate Milk	¥300
Orange Juice (freshly squeezed)	¥800
Homemade Lemonade	¥350
Perrier Water	¥550
Beer	¥550
Wine	¥550

	regular	large
Coca Cola, Coke Lite	¥200	¥250
Sprite	¥200	¥250
Root Beer	¥200	¥250
Dr. Pepper	¥200	¥250
Fanta Orange	¥200	¥250
Milk Shakes	¥400	¥500
Juices	¥250	¥350

(Tomato, Orange, Grapefruit or Apple)



## Soups & Salads

Soup of the Day	¥500
Ask your waiter about today's special selection.	
Cream of Corn Soup	¥450
New England Ciam Chowder	¥650
Cream of Mushroom Soup	¥700
Tossed Garden Salad	small ¥450 large ¥900
Spinach Salad	¥650
Chicken Salad	¥800
Broccoli and Cheddar Salad	¥1,200
Spinach Salad Deluxe	¥1,000
Tuna Salad	¥1,000
Chef's Salad	¥1,250

## Entrees

Spaghetti	with Tomato Sauce ¥600 with Meat Balls ¥850
Yakisoba	¥900
Chili con Carne	¥1,000
Shrimp Yakisoba	¥1,300
Chicken Curry with Rice	¥1,000
Deep Fried Chicken	¥1,200
Original Cheese Pizza, 5"	¥350

Bobouli Crust Cheese Pizza, 6" ¥600

*new! Thick and doughy crust!*

Pizza Toppings: each ¥200  
Mushrooms, Onions, Pepperoni, Italian Sausage,  
Green Peppers, Ripe Olives, Double Cheese.



## New Menu Items



## Health Picks

Power Punch	¥300
Sliced Chicken Sandwich	¥700
Avocado Cheese Melt - 286 calories	¥800
Turkey Stuffed Pita - 294 calories	¥900
Vegetarian Lasagna	¥1,200
Cashew Chicken - 487 calories	¥1,200
AHA Scallops Oriental - 205 calories	¥1,400
Plain Yoghurt	¥300
Yoghurt with Fruit	¥600
Frozen Yoghurt	¥300
Fresh Strawberries	¥600
Fresh Fruit in Season	seasonal



## Desserts

Apple Pie	¥400
Deep Dish Apple Pie	¥500
Peach Melba	¥500
Raisin Walnut Carrot Cake	¥400
Ice Cream	¥300
Hot Fudge Sundae	¥400


Please also see our daily cake and pie selection in the glass display case.

## Sandwiches

Tuna Salad	¥650
Grilled Ham and Cheese	¥700
Coney Dog	¥700
Chicken Salad	¥750
Stromboli	¥800
Bacon, Lettuce and Tomato	¥800
Club House	¥900
Hamburger	¥600
Cheeseburger	¥700
Bacon Cheeseburger	¥800
Hot Dog	¥500
Cheese Dog	¥600
Reuben	¥1,100

All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.

## All-Day Breakfast

Eggs	one ¥450	two ¥550
Prepared any style and served with hash browns; toast or toasted English muffin.		
Continental Breakfast	¥600	
Your choice of juice; croissant, toast or English muffin; coffee, tea, milk or hot chocolate.		
American Breakfast	¥1,000	
Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; croissant, toast or English muffin; coffee, tea, milk or hot chocolate.		
French Toast		¥400

## Side Dishes

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Hash Brown Potatoes	¥250
Ham, Bacon, Sausage	¥350
Toasted Bagel	¥250
with Cream Cheese	¥400
with Cream Cheese and Lox	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Onion Rings	¥300
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
Home Fried Potatoes	¥600
With Bacon and Sour Cream	
Sliced Tomatoes	¥300



# GARDEN CAFE

## ENTREES

Spaghetti	with Tomato Sauce	¥600
	with Meat Balls	¥850
Yakisoba		¥900
Chicken Nuggets	★	¥900
Chili con Carne		¥1,000
Melitzanes Moussaka	★	¥1,300
Fusilli with Italian Sausage	★	¥1,400
Beef Curry	★	¥1,500
Original Cheese Pizza, 5"		¥350
Bobouli Crust Cheese Pizza, 6"		¥600
<i>First vegetable topping free!</i>		

**Pizza Toppings:** each ¥200  
Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.



## SANDWICHES

Hot Dog	¥500
Cheese Dog	¥600
Tuna Salad	¥650
Hamburger	¥600
Cheeseburger	¥700
Grilled Ham and Cheese	¥700
Bacon, Lettuce and Tomato	¥800
Bacon Cheeseburger	¥800
Club House	¥900
Buffalo Bill Roast Beef	★ ¥1,000
Spicy Tuna Pita	★ ¥1,250

All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.

## HEALTH PICKS

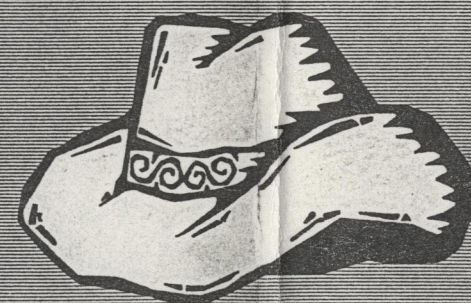
Power Punch - 125 calories	¥300
Sliced Chicken Sandwich - 288 calories	¥700
Rio Grande Cheese Enchiladas - 381 calories	★ ¥800
Shrimp Louis Salad - 220 calories	★ ¥1,000
Chicken & Pineapple Stir-Fry - 483 calories	★ ¥1,500
AHA Veal Scallopine with Lemon - 353 cal.	★ ¥1,500
Cold Salmon with Basil Sauce - 317 calories	★ ¥1,500
Plain Yoghurt - 144 calories	¥300
Yoghurt with Fruit - 198 calories (variable)	¥600
Mixed Fruit Cup - 201 calories (variable)	¥200
Fresh Fruit in Season	seasonal

AHA = American Heart Association

## SOUPS & SALADS

Soup of the Day	¥500
Ask your waiter about today's special selection.	
Gazpacho	★ ¥500
Cream of Corn Soup	¥500
Tossed Garden Salad	small ¥450 large ¥900
Spinach Salad	¥650
Bean Sprout Salad	★ ¥500
Garden Fruit Salad	¥800
Spinach Salad Deluxe	¥1,000
Tuna Salad	¥1,000
Tex Mex Taco Salad	★ ¥1,200
Chef's Salad	¥1,250

**Dressings:**  
French, Thousand Island, Blue Cheese, Italian, Low-Cal Yoghurt



## BEVERAGES

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, herbal)	¥250
Hot Chocolate	¥250
Milk (whole or low-fat)	¥250
Chocolate Milk	¥300
Orange Juice (freshly squeezed)	¥800
Orange Juice (100% pure Florida squeezed)	¥500
Homemade Lemonade	¥350
Perrier Water	¥550
Beer	¥550
Wine	¥550

	regular	large
Coca Cola, Diet Coke	¥200	¥250
Sprite	¥200	¥250
Root Beer	¥200	¥250
Dr. Pepper	¥200	¥250
Fanta Orange	¥200	¥250
Milk Shakes	¥400	¥500
Juices	¥250	¥350
(tomato, orange, grapefruit or apple)		

## SIDE DISHES

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Hash Brown Potatoes	¥250
Ham, Bacon, or Sausage	¥350
Toasted Bagel	¥250
with Cream Cheese	¥400
with Cream Cheese and Lox	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Onion Rings	¥300
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
Home Fried Potatoes	¥600
With Bacon and Sour Cream	
Sliced Tomatoes	¥300



New  
Menu  
Items

## DESSERTS

Apple Pie	¥400
Southern Style Carrot Cake	★ ¥400
Ice Cream	¥300
Hot Fudge Sundae	¥400
Chocolate Strawberry Parfait	★ ¥500

Please also see our daily cake and pie selection in the glass display case.

## ALL-DAY BREAKFAST

Eggs	one	¥450	two	¥550
Prepared any style and served with hash browns; toast or toasted English muffin.				
Continental Breakfast				¥600
Your choice of juice; croissant, toast or English muffin; coffee, tea, milk or hot chocolate.				
American Breakfast				¥1,000
Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; croissant, toast or English muffin; coffee, tea, milk or hot chocolate.				
French Toast				¥400





## Entrees

Spaghetti	with Tomato Sauce	¥600
	with Meat Balls	¥850
Yakisoba		¥900
Chicken Curry		¥1,000
Chili con Carne		¥1,000
Deep Fried Chicken		¥1,000
Prawns Monrovia		¥1,500
Boboli Crust Cheese Pizza, 6"		¥600
<i>First vegetable topping free!</i>		
Pizza Toppings:	each	¥200
Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.		

## Independence Day Celebrations at TAC

**CARNIVAL** - Saturday July 2, 11 a.m. - 3 p.m.  
games, balloons, clowns, fire cars, music & BBG;  
in the parking lot, for family and friends!

**RED WHITE & BLUE BBQ** - July 2, 6-10 p.m. in the American Room, two live bands, casual dress, children & guests welcome; tickets available at the front desk;

**JULY 4TH RECEPTION** - Monday, July 4, 5-7 p.m. in the ballroom with free cocktails! All adult TAC members are invited!

## Beverages

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, herbal)	¥250
Hot Chocolate	¥250
Milk (whole or low-fat)	¥250
Chocolate Milk	¥300
Orange Juice (freshly squeezed)	¥800
Orange Juice (100% pure Florida squeezed)	¥500
Perrier Water	¥550
Beer	¥550
Wine	¥550
Coca Cola, Diet Coke	regular ¥200 large ¥250
Sprite	¥200 ¥250
Lemonade	¥200 ¥250
Aquarius	¥200 ¥250
Root Beer	¥200 ¥250
Dr. Pepper	¥200 ¥250
Fanta Orange	¥200 ¥250
Milk Shakes	¥400 ¥500
Juices	¥250 ¥350

(tomato, orange, grapefruit or apple)

## All-Day Breakfast

Eggs	one ¥450 two ¥550
Prepared any style and served with hash browns; choice of bakery.	
Continental Breakfast	¥600
Your choice of juice; choice of bakery; coffee, tea, milk or hot chocolate.	
American Breakfast	¥1,000
Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; choice of bakery; coffee, tea, milk or hot chocolate.	
French Toast	¥400

## Health Picks

Power Punch -- 125 calories	¥300
Sliced Chicken Sandwich -- 382 calories	¥700
Chinese Style Chicken Salad -- 245 calories	¥900
Cold Tofu with Crudites -- 242 calories	¥1,000
AHA Teriyaki Sesame Chicken -- 474 calories	¥1,200
Minute Swordfish Steak	
with Green Chilies -- 380 calories	¥1,400
Plain Yoghurt -- 144 calories	¥300
Yoghurt with Fruit -- 198 calories (variable)	¥600
American Cherries	¥600
Fresh Fruit in Season	seasonal

New Menu Items

## Soups & Salads

Soup of the Day	¥500
Ask your waiter about today's special selection.	
Gazpacho	¥500
Cream of Corn Soup	¥500
Vichyssoise	¥600
Tossed Garden Salad	small ¥450 large ¥900
Spinach Salad	¥650
Spinach Salad Deluxe	¥1,000
Garden Fruit Salad	¥800
Tuna Salad	¥1,000
Cobb Salad	¥1,200
Chef's Salad	¥1,250

Dressings:

French, Thousand Island, Blue Cheese, Italian, Low-Cal Yoghurt

## Sandwiches

Egg Salad	¥500
Hot Dog	¥500
Cheese Dog	¥600
Hamburger	¥600
Cheeseburger	¥700
Tuna Salad	¥650
Grilled Ham and Cheese	¥700
Sausage, Kraut and Gyuvere	¥800
Bacon, Lettuce and Tomato	¥800
Bacon Cheeseburger	¥800
Club House	¥900
Shrimp and Chicken Pita	¥1,100

All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.

## Side Dishes

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Toasted Bagel	¥250
with Cream Cheese	¥400
with Cream Cheese and Lox	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Onion Rings	¥300
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
With Bacon and Sour Cream	¥600
Hash Brown Potatoes	¥250
Ham, Bacon, or Sausage	¥350
Sliced Tomatoes	¥300

## Desserts

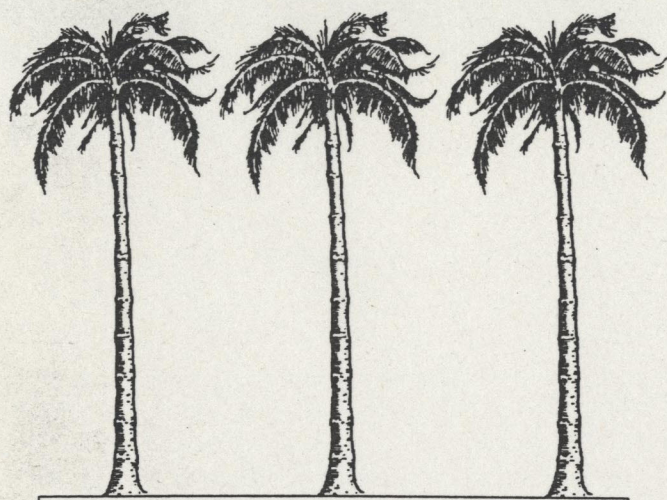
Mexican Nut Cookie -- light & crispy	¥150
Hazelnut Carrot Cake	¥400
Apple Pie	¥400
Ice Cream	¥300
Hot Fudge Sundae	¥400
Banana Split	¥650

Please also see our daily cake and pie selection in the glass display case.

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Tokyo American Club, June 13, 1994





## Side Dishes

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Hash Brown Potatoes	¥250
Ham, Bacon, or Sausage	¥350
Toasted Bagel	¥250
with Cream Cheese	¥400
with Cream Cheese and Lox	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Onion Rings	¥300
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
With Bacon and Sour Cream	¥600
Sliced Tomatoes	¥300

## Sandwiches

Egg Salad Sandwich	¥500
Hot Dog	¥500
Cheese Dog	¥600
Hamburger	¥600
Cheeseburger	¥700
Grilled Ham and Cheese	¥700
Bacon, Lettuce and Tomato	¥800
Bacon Cheeseburger	¥800
Club House	¥900
Toast Savoy	¥1,200
Spicy Tuna Pita	¥1,250

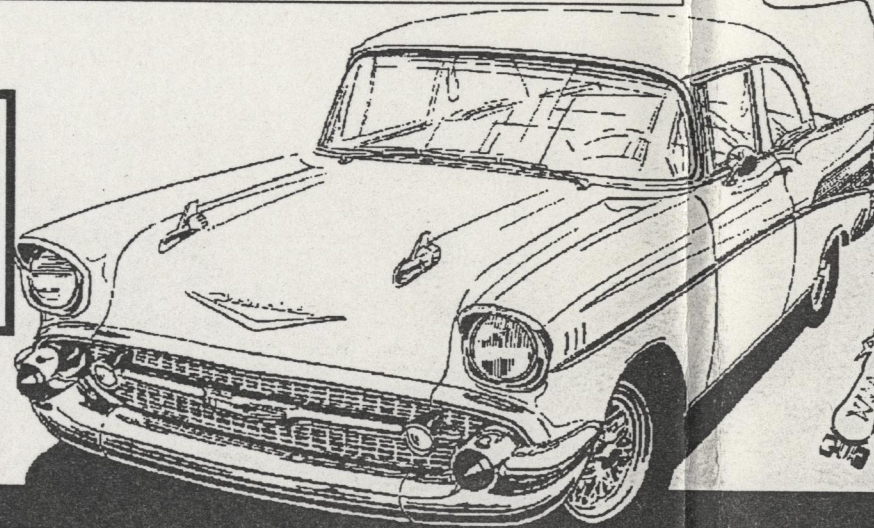
All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.

## Health Picks

Power Punch – 125 calories	¥300
Sliced Chicken Sandwich – 382 calories	¥700
Veggie Pita Sandwich – 381 calories	¥1,000
AHA Almond Chicken – 440 calories	¥1,200
Shrimp Salad San Joaquin – 280 calories	¥1,200
AHA Teriyaki Halibut – 367 calories	¥1,500
Plain Yoghurt – 144 calories	¥300
Yoghurt with Fruit – 198 calories (variable)	¥600
Mixed Fruit Cup – 201 calories (variable)	¥200
Fresh Fruit in Season	seasonal

AHA = American Heart Association

 **New Menu Items**



# Garden Cafe



## Desserts

Chocolate Banana Nut Cookie	¥150
Peanut & Pineapple Carrot Cake	¥350
Apple Pie	¥400
Ice Cream	¥300
Hot Fudge Sundae	¥400
Cinnamon Crème Brulee	¥450

Please also see our daily cake and pie selection in the glass display case.

## Soups & Salads

Soup of the Day	¥500
Ask your waiter about today's special selection.	
Gazpacho	¥500
Cream of Corn Soup	¥500
Tossed Garden Salad	small ¥450 large ¥900
Spinach Salad	¥650
Garden Fruit Salad	¥800
Brie and Almond Salad	¥900
Chicken and Soba Salad	¥1,000
Spinach Salad Deluxe	¥1,000
Tuna Salad	¥1,000
Chef's Salad	¥1,250

Dressings:  
French, Thousand Island, Blue Cheese, Italian, Low-Cal Yoghurt

## Entrees

Spaghetti	with Tomato Sauce	¥600
	with Meat Balls	¥850
Yakisoba		¥900
Chicken Curry		¥1,000
Chili con Carne		¥1,000
Deep Fried Chicken		¥1,000
Popcorn Shrimp		¥1,200
Original Cheese Pizza, 5"		¥350
Boboli Crust Cheese Pizza, 6"		¥600
First vegetable topping free!		

Pizza Toppings: each ¥200  
Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.

## Beverages

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, herbal)	¥250
Hot Chocolate	¥250
Milk (whole or low-fat)	¥250
Chocolate Milk	¥300
Orange Juice (freshly squeezed)	¥800
Orange Juice (100% pure Florida squeezed)	¥500
Homemade Lemonade	¥350
Perrier Water	¥550
Beer	¥550
Wine	¥550

	regular	large
Coca Cola, Diet Coke	¥200	¥250
Sprite	¥200	¥250
Lemonade	¥200	¥250
Aquarius	¥200	¥250
Root Beer	¥200	¥250
Dr. Pepper	¥200	¥250
Fanta Orange	¥200	¥250
Milk Shakes	¥400	¥500
Juices	¥250	¥350
(tomato, orange, grapefruit or apple)		

## All Day Breakfast

Eggs	one ¥450	two ¥550
Prepared any style and served with hash browns; choice of bakery.		
Continental Breakfast		¥600
Your choice of juice; choice of bakery; coffee, tea, milk or hot chocolate.		
American Breakfast		¥1,000
Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; choice of bakery; coffee, tea, milk or hot chocolate.		
French Toast		¥400

Tokyo American Club

May 16, 1994



## Health Picks

Power Punch	¥800
Sliced Chicken Sandwich	¥700
Veggie Croissant	¥900
Tofu Stir-Fry -- 347 calories	¥1,000
AHA Red Beans and Rice -- 300 calories	¥1,200
Tofu Antipasto Salad -- 198 calories	¥1,200
Teriyaki Sesame Chicken -- 472 calories	¥1,200
Plain Yoghurt	¥300
Yoghurt with Fruit	¥600
Frozen Yoghurt	¥300
Fresh Mikan	¥150
Fresh Fruit in Season	seasonal

(AHA = American Heart Association)

## Beverages

Coffee (regular and decaffeinated)	¥250
Tea (English, Oolong, Herbal)	¥250
Hot Chocolate	¥250
Whole or Low-Fat Milk	¥250
Chocolate Milk	¥300
Orange Juice, freshly squeezed	¥800
Homemade Lemonade	¥350
Perrier Water	¥550
Beer	¥550
Wine	¥550

	regular	large
Coca Cola, Coke Lite	¥200	¥250
Sprite	¥200	¥250
Root Beer	¥200	¥250
Dr. Pepper	¥200	¥250
Fanta Orange	¥200	¥250
Milk Shakes	¥400	¥500
Juices	¥250	¥350

Tomato, Orange, Grapefruit or Apple

# The Garden Cafe

## Sandwiches

Tuna Salad	¥650
Grilled Ham and Cheese	¥700
Chicken Salad	¥750
Sausage, Kraut and Gruyere	¥800
Milwaukee	¥1,000
Reuben	¥1,100
Bacon, Lettuce and Tomato	¥800
Club House	¥900
Hamburger	¥600
Cheeseburger	¥700
Bacon Cheeseburger	¥800
Hot Dog	¥500
Cheese Dog	¥600

All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.

## All-Day Breakfast

Eggs	one	¥450	two	¥550
Prepared any style and served with hash browns; toast or toasted English muffin.				
Continental Breakfast		¥600		
Your choice of juice; croissant, toast or English muffin; coffee, tea, milk or hot chocolate.				
American Breakfast		¥1,000		
Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; croissant, toast or English muffin; coffee, tea, milk or hot chocolate.				

## Soups & Salads

Soup of the Day ¥500

Ask your waiter about today's special selection.

Cream of Corn Soup	¥450
New England Clam Chowder	¥650
Turkey and Barley Soup	¥600
Tossed Garden Salad	small ¥450 large ¥900
Spinach Salad	¥650
Chicken Salad	¥800
Waldorf Salad	¥700
Spinach Salad Deluxe	¥1,000
Tuna Salad	¥1,000
Chef's Salad	¥1,250

## Desserts

Apple Pie	¥400
Deep Dish Apple Pie	¥500
Cinnamon Creme Brulee	¥400
Banana Spice Cake	¥400
Ice Cream	¥300
Hot Fudge Sundae	¥400

## New Menu Items



## Entrees

Spaghetti	with Tomato Sauce	¥600
	with Meat Balls	¥850
Yakisoba		¥900
Chili con Carne		¥1,000
Chicken a la King		¥1,000
Chicken Curry with Rice		¥1,000
Deep Fried Chicken		¥1,200
Popcorn Shrimp		¥1,200
Pizza		
	Basic Cheese 5 in.	¥350
	7 in.	¥500
	Toppings (each item)	
	5 in.	¥200
	7 in.	¥250
	Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.	

## Sides

Doughnut	¥100
Danish Pastry	¥150
Croissant	¥150
English Muffin	¥150
Toast	¥150
Hash Browns	¥250
Ham, Bacon, Sausage	¥350
Toasted Bagel	¥250
with Cream Cheese	¥400
with Cream Cheese and Lox	¥850
French Fried Potatoes	¥200
Steamed Rice	¥200
Onion Rings	¥300
Carrot Cole Slaw	¥350
Potato Salad	¥350
Home Fried Potatoes	¥400
Home Fries	¥600
With Bacon and Sour Cream	
Sliced Tomatoes	¥300

Tokyo  
American  
Club,  
December  
20, 1993



# HEALTH PICKS

- Power Punch - 125 calories
- Sliced Chicken Sandwich - 288 calories
- Turkey & Tomato Croissant - 396 calories
- Chinese Style Chicken Salad - 245 calories
- AHA Eggplant Parmesan - 190 calories
- Orange Roughy with White Wine - 417 cal.
- Steak Chinese Style - 442 calories
- Plain Yoghurt - 144 calories
- Yoghurt with Fruit - 198 calories (variable)
- Mixed Fruit Cup - 201 calories (variable)
- Fresh Fruit in Season

AHA - American Heart Association

# "Clean & Green" in Tokyo

## Garden Cafe

## Earth Day at TAC

April 23  
noon - 3pm

# ENTREES

- Spaghetti ¥600
- Yakisoba ¥850
- Chili con Carne ¥900
- Chicken Curry Madras Style ¥1,000
- Deep Fried Chicken ¥1,100
- Fettuccine and Scallops ¥1,200
- Original Cheese Pizza, 5" ¥1,500
- Bobouli Crust Cheese Pizza, 6" ¥350
- Bobouli Crust Cheese Pizza, 6" ¥600

First vegetable topping free!

- Pizza Toppings: each ¥200
- Mushrooms, Onions, Pepperoni, Italian Sausage, Green Peppers, Ripe Olives, Double Cheese.

# BEVERAGES

- Coffee (regular and decaffeinated) ¥250
- Tea (English, Oolong, herbal) ¥250
- Hot Chocolate ¥250
- Milk (whole or low-fat) ¥300
- Chocolate Milk ¥800
- Orange Juice (freshly squeezed) ¥500
- Orange Juice (100% pure Florida squeezed) ¥350
- Homemade Lemonade ¥550
- Perrier Water ¥550
- Beer ¥550
- Wine
- Coca Cola, Coke Lite regular ¥200
- Sprite ¥200
- Root Beer ¥200
- Dr. Pepper ¥200
- Fanta Orange ¥200
- Milk Shakes ¥400
- Juices ¥250
- (tomato, orange, grapefruit or apple)

# ALL-DAY BREAKFAST

- Eggs one ¥450 two ¥550
- Prepared any style and served with hash browns; toast or toasted English muffin.
- Continental Breakfast ¥600
- Your choice of juice; croissant, toast or English muffin; coffee, tea, milk or hot chocolate.
- American Breakfast ¥1,000
- Your choice of juice; two eggs any style; ham, bacon or sausage; hash browns; croissant, toast or English muffin; coffee, tea, milk or hot chocolate.
- French Toast ¥400

# SOUPS & SALADS

- Soup of the Day ¥500
- Ask your waiter about today's special selection.
- Cream of Corn Soup ¥500
- Turkey and Barley Soup ¥600
- New England Clam Chowder ¥650
- Tossed Garden Salad small ¥450 large ¥900
- Spinach Salad ¥650
- Garden Fruit Salad ¥800
- Italian Pasta Salad ¥950
- Spinach Salad Deluxe ¥1,000
- Tuna Salad ¥1,000
- Chef's Salad ¥1,250

Dressings: French, Thousand Island, Blue Cheese, Italian, Low-Cal Yoghurt



New Menu Items

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# DESSERTS

- Apple Pie ¥400
- Pecan Carrot Cake ¥500
- Deep Dish Apple Pie ¥500
- Ice Cream ¥300
- Hot Fudge Sundae ¥400
- Banana Split ¥650

Please also see our daily cake and pie selection in the glass display case.

# SIDE DISHES

- Doughnut ¥100
- Danish Pastry ¥150
- Croissant ¥150
- English Muffin ¥150
- Toast ¥150
- Hash Brown Potatoes ¥250
- Ham, Bacon, or Sausage ¥350
- Toasted Bagel ¥250
- with Cream Cheese ¥400
- with Cream Cheese and Lox ¥850
- French Fried Potatoes ¥200
- Steamed Rice ¥200
- Onion Rings ¥300
- Carrot Cole Slaw ¥350
- Potato Salad ¥350
- Home Fried Potatoes ¥400
- Home Fried Potatoes With Bacon and Sour Cream ¥600
- Sliced Tomatoes ¥300

# SANDWICHES

- Hot Dog ¥500
- Cheese Dog ¥600
- Egg Salad Pita ¥650
- Tuna Salad ¥650
- Hamburger ¥600
- Cheeseburger ¥700
- Grilled Ham and Cheese ¥700
- Stromboli Sandwich ¥800
- Bacon, Lettuce and Tomato ¥800
- Bacon Cheeseburger ¥800
- Club House ¥900

All sandwiches are served with pickles and choice of French fries, chips, slaw or potato salad.